demic

classes.

https://classroommagazines.scholastic.com/support/learnathome.html

https://www.khanacademy.org/ https://www.ixl.com/

Physical activities: Keep active even if it's a short walk with the family get some outdoors time. This link suggests activities for the family.

https://www.hhs.gov/fitness/resource-center/physical-activity-resources/index.html

Mental activities: Keep your brain working and try out this link.

https://www.hhs.gov/fitness/resource-center/physical-activity-resources/index.html

*Other important resources: